


# Cold Weather Emergency Supports for Calgarians Experiencing Homelessness

If you are cold and have nowhere to go, please see the services listed below.

Location	Services, Hours, and Requirements	Timing														
<b>Overnight Shelter and Daytime Services</b>																
<b>Alpha House Calgary</b> 203 15 Ave. SE   403-234-7388	24/7 Shelter offers essential items, food, clothing, showers, and detox access.	Year-round														
<b>Calgary Drop-In Centre</b> 1 Dermot Baldwin Way SE   403-266-3600	24/7 Shelter offers essential items, food, clothing, showers, and housing.	Year-round														
<b>Inn from the Cold</b> 706 7 Ave. SW 24-hour help line: 403-263-8384	24/7 Shelter offers essential items, food, clothing, and essentials for families, adults with dependent children, pregnant mothers, and expecting couples. <i>Participants must meet family eligibility criteria and complete a shelter intake.</i>	Year-round														
<b>Mustard Seed Calgary</b> Shelter   7025 44 St. SE   403-723-9422	24/7 Shelter offers food, clothing, hygiene, and overnight stays. <i>Adult (18+) sober environment. Intake required for new clients.</i>	Year-round														
<b>Salvation Army Calgary</b> Men's Shelter   420 - 9 Ave. SE 403-410-1111	24/7 Shelter offers three meals per day, essential items, Wi-Fi, computers and gym access. <i>Male 18+ years old   Must be coherent.</i>	Year-round														
<b>Salvation Army Calgary</b> Women's Shelter   3013 15 Ave. SW 403-930-2711	24/7 Shelter offers three meals per day, essential items, Wi-Fi, and computer access. <i>Female 18+ years old   Must be coherent.</i>	Year-round														
<b>Trellis - Avenue 15</b> 938 15 Ave. SW   403-543-9651	24/7 Youth shelter. <i>Youth aged 12-17.</i>	Year-round														
<b>YWCA Calgary</b> 1715 17 Ave. SE   403-263-1550	Emergency shelter, transitional housing for women, and women with children open 24 hours, 7 days a week. Offers outreach supports, basic needs, counselling for women, men and children, affordable housing for women with children who have left domestic violence. Weekdays 8:00 a.m. - 5:00 p.m. <i>Participants must register as a client to access services.</i>	Year-round														
<b>Daytime Services and Warming Locations</b>																
<b>Calgary Public Library</b> Locations throughout Calgary For locations or hours call: 403-260-2600 www.calgarylibrary.ca	All locations open to the public and typical hours of operation are: <table border="1"> <thead> <tr> <th>Sun</th> <th>Mon</th> <th>Tues</th> <th>Wed</th> <th>Thurs</th> <th>Fri</th> <th>Sat</th> </tr> </thead> <tbody> <tr> <td>12 pm. - 5 p.m.</td> <td>10 a.m. - 8 p.m.</td> <td>10 a.m. - 8 p.m.</td> <td>10 a.m. - 8 p.m.</td> <td>10 a.m. - 8 p.m.</td> <td>10 a.m. - 6 p.m.</td> <td>10 a.m. - 5 p.m.</td> </tr> </tbody> </table> Public computers are available to access information and services.	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	12 pm. - 5 p.m.	10 a.m. - 8 p.m.	10 a.m. - 8 p.m.	10 a.m. - 8 p.m.	10 a.m. - 8 p.m.	10 a.m. - 6 p.m.	10 a.m. - 5 p.m.	Year-round
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<b>Dashmesh Cultural Centre</b> 135 Martindale Blvd. NE	Warming location offers hot meals, and food bank. 4:00 a.m. - 10:00 p.m. daily with meals 9:00 a.m. - 9:00 p.m.	Year-round														
<b>Journey Church</b> 10307 Eamon Rd. NW	Warming location offers snacks, essential items and coffee, social supports, and connection to Coordinated Access and Assessment. 10:00 a.m. - 5:00 p.m. Monday - Friday.	<b>November 1 - March 31</b>														
<b>Mustard Seed Calgary</b> Support Centre   102 11 Ave. SE 403-269-1319	Offers bagged lunches and snacks, coffee house, warming/drop-in room, light programming, essential items (hygiene items, winter clothing), employment coaching and basic advocacy. Open from 9:00 a.m. - 5:00 p.m. daily. 7:00 a.m. - 7:00 p.m. daily starting December 1. Buses heading to Mustard Seed Shelter daily at 4:30 p.m. & 5:30 p.m. <b>6:30 p.m. bus starts December 1.</b> <i>Sober environment.</i>	Year-round. <b>Extended Hours</b> December 1 - March 31														
<b>Parachutes for Pets</b> 6120 1A St. SW	Warming location for individuals with and without pets. Individuals can leave pets overnight, access pet food and supplies, social support and connect with Coordinated Access and Assessment. 11:00 a.m. - 7:00 p.m. Monday - Friday	<b>December 1 - March 31</b>														
<b>Reconnects Program</b> (The Alex and AAWEAR Outreach) 223 12 Ave. SW	Offers clothing, harm reduction supplies, and community support. Tuesday at Community Wise: 10:30 a.m. - 12:30 p.m.	Year-round														
<b>Salvation Army</b> Mobile Warming Scan for locations   	Mobile warming location, to be set up at two spots every day. Offers food, hot drinks, and transportation to shelter. 11:00 a.m. - 7:00 p.m. daily.	<b>December 1 - March 31</b>														
<b>Soaps &amp; Suds</b> Ernie Starr Arena, 4808 14 Ave. SE	Offers shower facilities with toiletries and towels provided. 10:00 a.m. - 12:00 p.m. on Mondays only.	Year-round														
<b>SORCe Calgary</b> City Hall LRT Platform #2 - 316 7 Ave. SE	<b>Walk-in services only.</b> Connecting people to programs and services that help address barriers to stable housing. 9:00 a.m. - 12:00 p.m. and 1:00 p.m. - 4:00 p.m. Monday - Friday	Year-round														
<b>The Alex Community Health Centre</b> 2840 2 Ave. SE   403-266-2622 Accessible through Calgary Transit Blue Line LRT - Franklin Station	Offers primary health and medical care, mental health and addictions support, housing supports, essential items, social and wellness programming, food skills programming including community meals provided 2 - 3 times per week. 9:00 a.m. - 4:00 p.m. Monday - Friday	Year-round														
<b>Wood's Homes</b> Inglewood Opportunity Hub: 1008 14 St. SE	Offers warm meals, laundry, shower facilities and access to winter clothing, mental health, addiction and employment supports. Open from 9:00 a.m. - 5:00 p.m. daily in November. 9:00 a.m. - 6:00 p.m. daily starting December 1. <i>Youth 29 years old and under until December 1.</i> <i>All ages December 1 - March 31.</i>	Year-round. <b>Extended Hours</b> December 1 - March 31														

For more information, call/text/chat 211 or visit [www.ab.211.ca](http://www.ab.211.ca) 24-hours a day.

If you see someone who needs help, you can call the **HELP** (Human-centered Engagement Liasion and Partnership) Team at **403-998-7388**.

If someone is in serious distress or non-responsive, call 9-1-1.

For more information, visit [www.calgaryhomeless.com/ccewr](http://www.calgaryhomeless.com/ccewr)

