

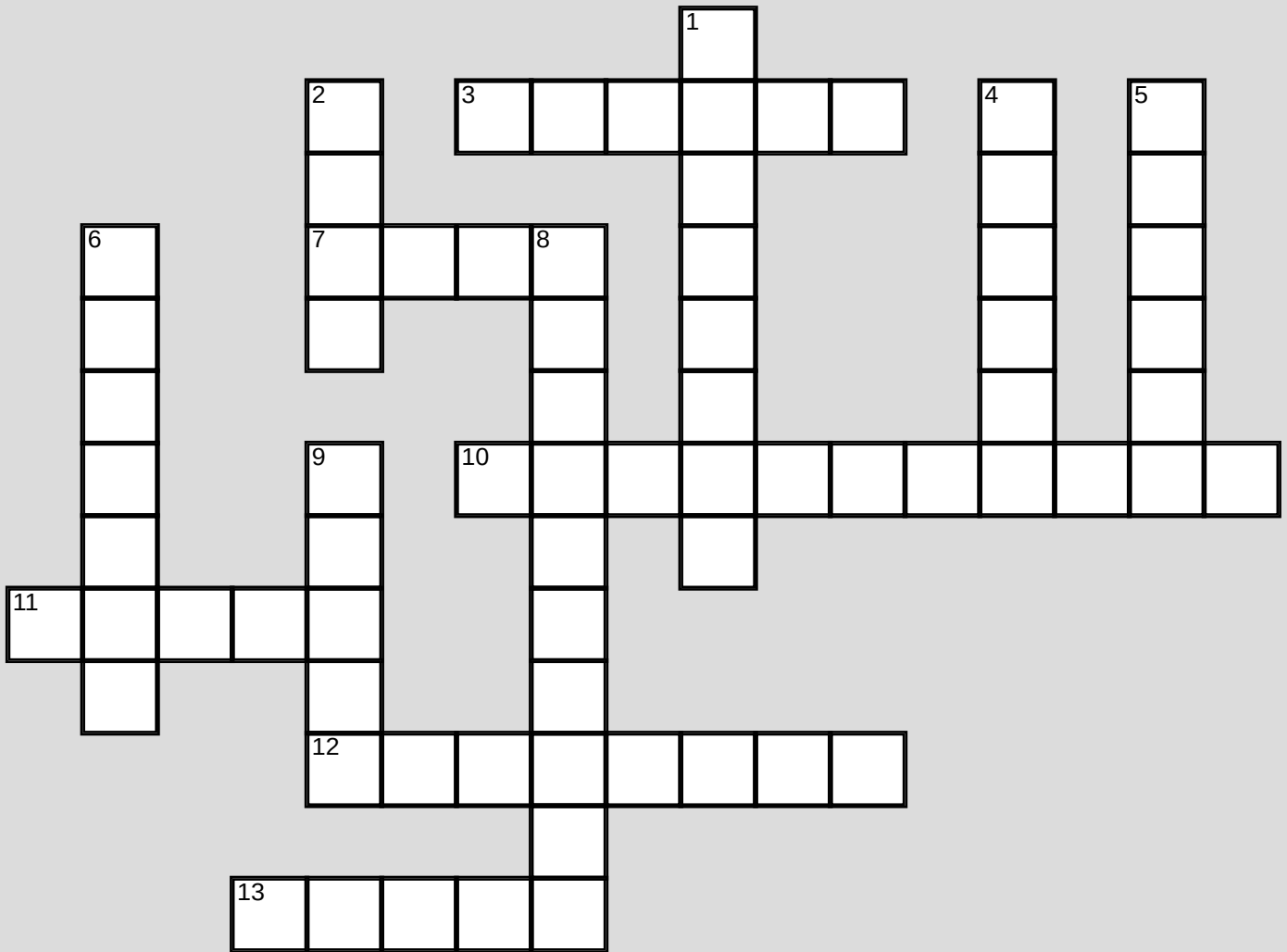


STARS®
ACTIVITY BOOK

DID YOU KNOW...

- * Dr. Greg Powell founded **STARS** in 1985.
- * Shock Trauma Air Rescue Service, known as **STARS**, is a charitable not-for-profit organization.
- * **STARS**' mission is to provide safe, rapid, highly specialized emergency medical care for the critically ill and injured.
- * A **STARS** crew consists of two pilots, one nurse and one paramedic.
- * **STARS** crew are highly trained individuals. To practice different emergency scenarios they train on human patient simulators. Our pilots use night vision goggles so we are able to operate 24/7.
- * At **STARS**, we refer to our former patients as VIPs or Very Important Patients. Their stories are an inspiration to all of us.
- * **STARS** has bases in Calgary, Edmonton, Grande Prairie, Regina, Saskatoon, and Winnipeg.
- * On average, **STARS** flies 8 missions per day and has flown more than 45,000 missions since 1985.
- * **STARS** operate five-bladed H145 helicopters. They are able to land directly at emergency scenes on roads, in fields, on mountains and helipads.
- * It costs \$10M per base per year for **STARS** to operate. We rely on community fundraising to help with these costs. Our allies help us be there for the next critically ill or injured patient in need.

STARS Crossword



Across

- 3 Founder Dr. Greg _____.
- 7 Very Important Patients
- 10 STARS relies on _____ to be there for the next patient who needs urgent, critical care.
- 11 Someone who donates money to STARS.
- 12 One of the three bases in Alberta
- 13 STARS saves _____.

Down

- 1 STARS can land directly at an emergency scene and on _____.
- 2 Newest H145 has _____ blades.
- 4 STARS always flies with two of these in the helicopter.
- 5 Used at night by pilots to see. Night _____ goggles.
- 6 When STARS is called to help a patient this is a _____.
- 8 STARS uses human patient _____ to train.
- 9 How many provinces does STARS have bases in?

STARS Word Search

U J H O Z N U R S E M G N L S
P A O J L V U C S Y N F H H A
A F P W W Z I W R T X S T E F
R U E F U I D P J L Z N G L E
A W X E A U O N S I C J X I T
M L X N T R N R L F N P P C Y
E K S U T K O I X E B C A O D
D Y R T E E R R X S T R T P Y
I U F L A R S I J A V I I T Y
C R P X M R N L D V P T E E H
Q E I B W B S Q R I U I N R L
Q D L R O L Y C Y N C C T B M
S X O Q R Q X J H G Y A S B O
K P T A K V S N S X S L R D U
Y K L Z E M E R G E N C Y E C

CARE

HELICOPTER

PARAMEDIC

SAFETY

CRITICAL

HOPE

PATIENT

STARS

DONORS

LIFESAVING

PILOT

TEAMWORK

EMERGENCY

NURSE

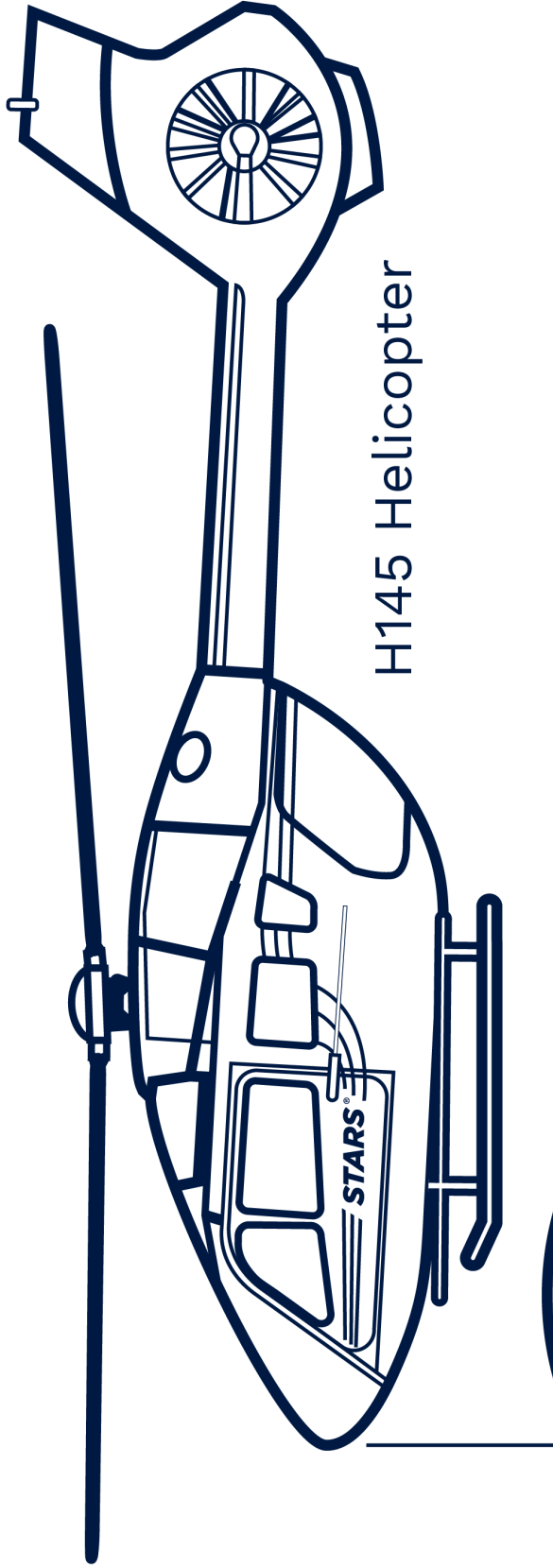
RED

VIPS

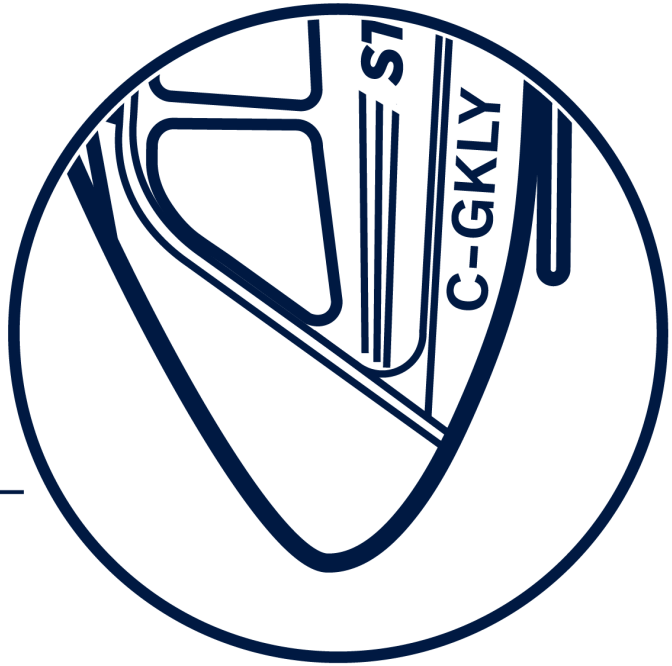
Multiple Choice Questions

- Where are our three Alberta bases located?
 - Edmonton, Red Deer, Airdrie
 - Fort McMurray, Calgary, Lacombe
 - Grande Prairie, Calgary, Edmonton
- What are the core values at STARS?
 - Respect, Adventure, Safety, Spirit, Teamwork
 - Safety, Teamwork, Accountability, Respect, Spirit
 - Accountability, Teamwork, Happiness, Safety, Fun
- STARS goes on how many life saving missions per day (on average)
 - 8
 - 5
 - 2
- STARS is more than just providing excellent care with our helicopter air ambulance, other services we provide are:
 - Education and Training
 - Emergency Link Services
 - Vigilant Services
 - All of the above
- STARS is dedicated to the growth of knowledge in emergency medicine and achieves this through
 - Trial and error
 - Innovation and research
 - Having good luck
- Our Emergency Link Center (ELC) is open
 - 24 hours a day
 - Only on weekends
 - 8 hours a day
- STARS Vigilant helps businesses to
 - Plan dinner parties for their workers when they are off on weekends
 - Keep their staff safe when they are working alone and activate emergency response plans when needed.
 - Order food
- How much does it cost to run one STARS base for a year?
 - \$10,000
 - \$100,000
 - \$10,000,000
- How can you help STARS?
 - Share the knowledge you learned today with friends and family
 - Wave at the helicopter if you see it flying overhead
 - Help raise money through fundraising
 - All of the above

Answers
1.c 2.b 3.a 4.d 5.b 6.a 7.b 8.c – we know, that's a lot! 9.d



H145 Helicopter



What colour is a **STARS** helicopter?

Every **STARS** helicopter has a set of
"call letters" to identify which specific
helicopter of the fleet it is. Which letters
would you choose for your helicopter?
