

Calgary



2023



FREE community outdoor summer programs

Looking for some fun, **FREE** activities for children, youth and families this summer? These safe, supervised programs are great for making new friends and learning new activities.

Visit calgary.ca/free to see what's available in your area.



Stay n' Play | children ages 3 - 5 years + adult

These, safe, supervised programs help children and adults make new friends and stay active through a play-based learning environment. Participants engage in games and activities that they can use on their path to healthy and active lifestyles. Children must be accompanied by an adult. Programs run Monday to Friday. Sign up on site. Walk ups will be accepted on a first come, first serve basis.

Park n' Play | children ages 6 - 12 years

These safe, supervised programs help children make new friends and learn. Games and activities are designed to encourage them on their path to healthy and active lifestyles. Programs run Monday to Friday. Sign up on site. Walk ups will be accepted on a first come, first serve basis.

Date/Days	Activity/Time	Location/Address
July 3 - 7 Mon. - Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	MARLBOROUGH PARK Roland Michener School 5958 4th Ave. N.E.
July 3 - 7 Mon. - Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	WHITEHORN Colonel J. Fred Scott School 171 Whitehorn Rd. N.E.
July 3 - 7 Mon. - Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	NORTH HAVEN North Haven School 4922 North Haven Dr. N.W.
July 3 - 7 Mon. - Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	CITADEL Citadel Park School 808 Citadel Dr. N.W.
July 3 - 7 Mon. - Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	WEST SPRINGS West Ridge School 8903 Wentworth Ave. S.W.

Date/Days	Activity/Time	Location/Address
July 3 - 7 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	LAKE BONAVISTA Andrew Sibbald School 1711 Lake Bonavista Dr. S.E.
July 3 - 7 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	AUBURN BAY Auburn Bay School 7 Auburn Bay Ave. S.E.
July 10 - 14 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	ABBEYDALE Abbeydale Schooll 320 Abergale Dr. N.E.
July 10 - 14 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	TARADALE Ted Harrison School 215 Taravista Way N.E.
July 10 - 14 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	RANCHLANDS Ranchlands School 610 Ranchlands Blvd. N.W.
July 10 - 14 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	BRENTWOOD Brentwood School 1231 Northmount Dr. N.W.
July 10 - 14 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	SIGNAL HILL Battalion Park School 369 Sienna Park Dr. S.W.
July 10 - 14 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	SOMERSET Somerset School 150 Somerset Manor S.W.
July 10 - 14 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	DEER RUN Deer Run School 2127 146th Ave. S.E.
July 17 - 21 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	RENFREW Colonel Macleod School 1610 6th St. N.E.
July 17 - 21 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	MARTINDALE Crossing Park School 500 Martindale Blvd. N.E.
July 17 - 21 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	HIDDEN VALLEY Hidden Valley School 10959 Hidden Valley Dr. N.W.
July 17 - 21 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	DALHOUSIE West Dahousie School 6502 58th St. N.W.
July 17 - 21 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	SILVERADO Ron Southern School 483 Silverado Blvd. S.W.
July 17 - 21 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	FOREST LAWN Ernest Morrow School 1212 47th St. S.E.
July 17 - 21 Mon. - Fri.	Stay n' Play - 10 a.m. - noon Park n' Play - 10 a.m. - 3:30 p.m.	MCKENZIE TOWNE McKenzie Towne School 679 Prestwick Cr. S.E.

Date/Days	Activity/Time	Location/Address
July 24 – 28 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	MARLBOROUGH Marlborough School 4711 Maryvale Dr. N.E.
July 24 – 28 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	FALCONRIDGE Falconridge School 1331 Falconridge Dr. N.E.
July 24 – 28 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	PANORAMA HILLS Panorama Hills School 1057 Panorama Hills Dr. N.W.
July 24 – 28 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	KELVIN GROVE Chinook Park School 1312 75 Ave. S.W.
July 24 – 28 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	RICHMOND Richmond School 2701 22nd St. S.W.
July 24 – 28 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	COPPERFIELD Copperfield School 54 Copperstone Rd. S.E.
July 24 – 28 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	OGDEN Sherwood School 2011 66th Ave. S.E.
July 31 – August 4 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	RUNDLE Cecil Swanson School 4820 Rundlewood Dr. N.E.
July 31 – August 4 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	SILVER SPRINGS Silver Springs School 7235 Silver Mead Rd. N.W.
July 31 – August 4 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	SANDSTONE VALLEY Simons Valley School 375 Sandarac Dr. N.W.
July 31 – August 4 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	BELTLINE Connaught School 1121 12 Ave. S.W.
July 31 – August 4 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	GLENBROOK Glenbrook School 4725 33 Ave. S.W.
July 31 – August 4 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	DOUGLASDALE Douglasdale School 400 Douglas Park Blvd. S.E.
July 31 – August 4 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	CHAPARRAL Chaparral School 480 Chaparral Dr. S.E.
August 8 – 11 Tue. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	TEMPLE Annie Foote School 6320 Temple Dr. N.E.
August 8 – 11 Tue. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	SADDLE RIDGE Saddle Ridge School 368 Saddlecrest Blvd. N.E.



Date/Days	Activity/Time	Location/Address
August 8 – 11 Tue. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	EVANSTON Kenneth D. Taylor School 30 Evanscove Cr. N.W.
August 8 – 11 Tue. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	ARBOUR LAKE Arbour Lake School 27 Arbour Crest Dr. N.W.
August 8 – 11 Tue. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	SPRINGBANK HILL Griffith Woods School 7652 26 Ave. S.W.
August 8 – 11 Tue. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	EVERGREEN Evergreen School 367 Everstone Dr. S.W.
August 8 – 11 Tue. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	QUEENSLAND Haultain Memorial School 605 Queensland Dr. S.E.
August 14 – 18 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	MONTEREY PARK Monterey Park School 7400 California Blvd. N.E.
August 14 – 18 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	EDGEMONT Edgemont School 55 Edgevalley Cr. N.W.
August 14 – 18 Mon. – Fri.	Stay n' Play - 10 a.m. – noon Park n' Play - 10 a.m. – 3:30 p.m.	THORNCLIFFE Thornclyffe School 5646 Thornton Rd. N.W.



Date/Days	Activity/Time	Location/Address
August 14 – 18 Mon. – Fri.	Stay n’ Play - 10 a.m. – noon Park n’ Play - 10 a.m. – 3:30 p.m.	LAKEVIEW Jennie Elliot School 3031 Lindsay Dr. S.W.
August 14 – 18 Mon. – Fri.	Stay n’ Play - 10 a.m. – noon Park n’ Play - 10 a.m. – 3:30 p.m.	BRIDLEWOOD Bridlewood School 207 Bridleridge Way S.W.
August 14 – 18 Mon. – Fri.	Stay n’ Play - 10 a.m. – noon Park n’ Play - 10 a.m. – 3:30 p.m.	MCKENZIE LAKE McKenzie Lake School 16210 McKenzie Lake Way S.E.
August 14 – 18 Mon. – Fri.	Stay n’ Play - 10 a.m. – noon Park n’ Play - 10 a.m. – 3:30 p.m.	CRANSTON Cranston School 205 Cranston Dr. S.E.
August 21 – 25 Mon. – Fri.	Stay n’ Play - 10 a.m. – noon Park n’ Play - 10 a.m. – 3:30 p.m.	COVENTRY HILLS Nose Creek School 135 Covepark Sq. N.E.
August 21 – 25 Mon. – Fri.	Stay n’ Play - 10 a.m. – noon Park n’ Play - 10 a.m. – 3:30 p.m.	TUSCANY Eric Harvie School 357 Tuscany Dr. N.W.
August 21 – 25 Mon. – Fri.	Stay n’ Play - 10 a.m. – noon Park n’ Play - 10 a.m. – 3:30 p.m.	HUNTINGTON HILLS Huntington Hills School 820 64th Ave. N.W.
August 21 – 25 Mon. – Fri.	Stay n’ Play - 10 a.m. – noon Park n’ Play - 10 a.m. – 3:30 p.m.	GLENDALE Glendale School 2415 Kelwood Dr. S.W.
August 21 – 25 Mon. – Fri.	Stay n’ Play - 10 a.m. – noon Park n’ Play - 10 a.m. – 3:30 p.m.	SHAWNESSY Samuel W. Shaw School 115 Shannon Dr. S.W.
August 21 – 25 Mon. – Fri.	Stay n’ Play - 10 a.m. – noon Park n’ Play - 10 a.m. – 3:30 p.m.	RIVERBEND Riverbend School 65 Rivervalley Dr. S.E.
August 21 – 25 Mon. – Fri.	Stay n’ Play - 10 a.m. – noon Park n’ Play - 10 a.m. – 3:30 p.m.	NEW BRIGHTON New Brighton School 30 New Brighton Dr. S.E.

Mobile Adventure Playground | children + adult

Join our onsite play ambassadors for a self-directed, drop-in program. We provide loose parts and natural materials to inspire active and creative outdoor play. Parents are encouraged to stay and watch their children's imaginations soar in these adventure spaces.

Date/Days	Activity/Time	Location/Address
July 3 – 7 Mon. – Fri.	Mobile Adventure Playground 10 a.m. – 3 p.m.	RIVERBEND Riverbend Park 221 Riverbend Dr. S.E.
July 10 – 14 Mon. – Fri.	Mobile Adventure Playground 10 a.m. – 3 p.m.	EVANSTON Evanston Community Park 221 Evanston Dr. N.W.
July 17 – 21 Mon. – Fri.	Mobile Adventure Playground 10 a.m. – 3 p.m.	BELTLINE Barb Scott Park 935 12 Ave. S.W.
July 24 – 28 Mon. – Fri.	Mobile Adventure Playground 10 a.m. – 3 p.m.	ROCKY RIDGE Rocky Ridge Park 15 Rockyvale Dr. N.W.
July 31 – August 4 Mon. – Fri.	Mobile Adventure Playground 10 a.m. – 3 p.m.	MARLBOROUGH PARK Big Marlborough Park 6033 Madigan Dr. N.E.
August 8 – 11 Tues. – Fri.	Mobile Adventure Playground 10 a.m. – 3 p.m.	FOREST LAWN Forest Lawn Community Park 10 Ave. and 43 St. S.E.
August 14 – 18 Mon. – Fri.	Mobile Adventure Playground 10 a.m. – 3 p.m.	RIDEAU ROXBORO Roxboro Park 3010 Roxboro Glen Rd. S.W.
August 21 – 25 Mon. – Fri.	Mobile Adventure Playground 10 a.m. – 3 p.m.	DOVER Valleyview Park 3201 28 St. S.E.

Wetland Wonders | children 5 – 12 years + adult

Are you ready to learn all about the wonders of wetlands? Discover why these natural spaces are important and get an up-close view of the amazing critters that live below the surface. This drop-in program runs from 10:30 a.m. until noon and 1:30 p.m. – 3:00 p.m. on Wednesday at Ralph Klein Park. Children must be accompanied by an adult.

Date/Days	Activity/Time	Location/Address
July 5, 12, 19, 26 August 2, 9, 16, 23 Wednesdays	Wetland Wonders 10:30 a.m. – 12 p.m. 1:30 – 3 p.m.	SHEPARD Ralph Klein Park 12350 84 St. S.E.



LEAD | youth 11 - 17 years

LEAD is The City of Calgary's leadership certification program. Youth will learn to develop and practice leadership skills while earning credibility, recognition and opportunities in the community that will strengthen their leadership skills. Participants are required to complete 20 hours of practicum experience that will enhance their skills further in a hands-on practical way. **Pre-registration is required.** Register online at calgary.ca/free or call 403.268.3800.

LEAD 2.0 | youth 11 - 17 years

LEAD 2.0 is The City's next step leadership program for youth. Graduates of LEAD can enhance their leadership skills, exercise their critical thinking, develop job skills, and discover the positive impact they can have in their community. Participants must have completed LEAD or Nature LEAD to be eligible to register for the program. **Pre-register by emailing socialprograms@calgary.ca**



Date/Days	Activity/Time	Location/Address
July 3 – 14 Mon. – Fri.	LEAD Mon. – Thurs. 12:30 – 4 p.m. Fri. 10 a.m. – 3 p.m.	Dr. G.M. Edbert School 6033 Madigan Dr. N.E. Barcode: 72871
July 3 – 14 Mon. – Fri.	LEAD Mon. – Thurs. 12:30 – 4 p.m. Fri. 10 a.m. – 3 p.m.	Wildflower Art Centre 3363 Spruce Dr. S.W. Barcode: 72572
July 17 – 28 Mon. – Fri.	LEAD Mon. – Thurs. 12:30 – 4 p.m. Fri. 10 a.m. – 3 p.m.	H.D. Cartwright School 5500 Dalhart Rd. N.W. Barcode: 72872
July 17 – 28 Mon. – Fri.	LEAD Mon. – Thurs. 12:30 – 4 p.m. Fri. 10 a.m. – 3 p.m.	Southland Leisure Centre 2000 Southland Dr. S.W. Barcode: 72573
July 17 – 28 Mon. – Fri.	LEAD Mon. – Thurs. 12:30 – 4 p.m. Fri. 10 a.m. – 3 p.m.	McKenzie Highlands School 25 McKenzie Towne Dr. S.E. Barcode: 72873

2023 **FREE** community outdoor summer programs

Date/Days	Activity/Time	Location/Address
July 31 – Aug 11 Mon. – Fri.	LEAD Mon. – Thurs. 12:30 – 4 p.m. Fri. 10 a.m. – 3 p.m.	Shouldice Aquatic Centre 5303 Bowness Rd. N.W. Barcode: 72574
July 31 – Aug 11 Mon. – Fri.	LEAD Mon. – Thurs. 12:30 – 4 p.m. Fri. 10 a.m. – 3 p.m.	Evergreen School 367 Everstone Dr. S.W. Barcode: 72874
Aug 14 – 25 Mon. – Fri.	LEAD Mon. – Thurs. 12:30 – 4 p.m. Fri. 10 a.m. – 3 p.m.	Max Bell Arena 1001 Barlow Tr. S.E. Barcode: 72575
Aug 14 – 25 Mon. – Fri.	LEAD 2.0 Mon. – Thurs. 12:30 – 4 p.m. Fri. 10 a.m. – 3 p.m.	Village Square Leisure Centre 2623 56 St. N.E. Email: socialprograms@calgary.ca to register
Aug 14 – 25 Mon. – Fri.	LEAD 2.0 Mon. – Thurs. 12:30 – 4 p.m. Fri. 10 a.m. – 3 p.m.	Bob Bahan Field House 4812 14 Ave. S.E. Email: socialprograms@calgary.ca to register





Mobile Skate & Scoot Spot | family/all ages

Check out these **free drop-in** wheeled sport opportunities. Fun for both beginners and skilled in-line skaters, skateboarders, and scooter users of all ages. Skate and scoot monitors are on site during the indicated hours and can provide tips and tricks. Helmets are required.

Date/Days	Activity/Time	Location/Address
July 6 – 18 Sun. – Sat.	Mobile Skate & Scoot Spot 11 a.m. – 7 p.m.	GLAMORGAN Glamorgan Community Association 4207 41 Ave. S.W. (outdoor rink)
July 20 – August 1 Sun. – Sat.	Mobile Skate & Scoot Spot 11 a.m. – 7 p.m.	WEST SPRINGS/COUGAR RIDGE West Springs/Cougar Ridge Community Association 8903 Wentworth Ave. S.W. (parking lot)
August 3 – 15 Sun. – Sat. (except Aug. 7)	Mobile Skate & Scoot Spot 11 a.m. – 7 p.m.	SOUTHWOOD Southwood Skatepark 11 Sackville Dr. S.W.
August 17 – 29 Sun. – Sat.	Mobile Skate & Scoot Spot 11 a.m. – 7 p.m.	HAWKWOOD Hawkwood Community Association 85 Hawkhill Rd. N.W. (outdoor rink)



Fit Park | adults 13+

Free Drop-in as we visit communities throughout Calgary. Practice and learn how to safely use park fitness equipment that will improve your strength, cardio, and overall well-being. Enjoy the outdoors while a certified trainer guides you with suggestions so you can get the most out of your workout.

Date/Days	Activity/Time	Location/Address
June 6 Tuesday	Fit Park Exercises 10 a.m. – 12 p.m.	NORTH GLENMORE PARK North Glenmore Park Community Association 2231 Longridge Dr. S.W. (fit park south of playground)
June 9 Friday	Fit Park Exercises 2 – 4 p.m.	TARADALE Taralake Park 652R Taralake Way N.E. (fit park north of wetland)
June 11 Sunday	Fit Park Exercises 12 – 2 p.m.	POINT MCKAY Edworthy Park 4075 Bowness Rd. N.W. (fit park west of parking lot)
June 16 Friday	Fit Park Exercises 10:30 a.m. – 12:30 p.m.	DOVER West Dover (Hofer Memorial) Park 3425 26 Ave. S.E. (fit park west of Great Forest Lawn 55+ building)
June 19 Monday	Fit Park Exercises 3:30 – 5:30 p.m.	DOVER West Dover (Hofer Memorial) Park 3425 26 Ave. S.E. (fit park west of Great Forest Lawn 55+ building)
June 21 Wednesday	Fit Park Exercises 11 a.m. – 1 p.m.	DOVER West Dover (Hofer Memorial) Park 3425 26 Ave. S.E. (fit park west of Great Forest Lawn 55+ building)

Date/Days	Activity/Time	Location/Address
June 24 Saturday	Fit Park Exercises 1 – 3 p.m.	DOVER West Dover (Hofer Memorial) Park 3425 26 Ave. S.E. (fit park west of Great Forest Lawn 55+ building)
June 28 Wednesday	Fit Park Exercises 4:30 – 6:30 p.m.	DOVER West Dover (Hofer Memorial) Park 3425 26 Ave. S.E. (fit park west of Great Forest Lawn 55+ building)
July 2 Sunday	Fit Park Exercises 11 a.m. – 1 p.m.	DOVER West Dover (Hofer Memorial) Park 3425 26 Ave. S.E. (fit park west of Great Forest Lawn 55+ building)
July 6 Thursday	Fit Park Exercises 4:30 – 6:30 p.m.	DOVER West Dover (Hofer Memorial) Park 3425 26 Ave. S.E. (fit park west of Great Forest Lawn 55+ building)
July 7 Friday	Fit Park Exercises 11 a.m. – 1 p.m.	DOVER West Dover (Hofer Memorial) Park 3425 26 Ave. S.E. (fit park west of Great Forest Lawn 55+ building)
July 8 Saturday	Fit Park Exercises 3 – 5 p.m.	TARADALE Taralake Park 652R Taralake Way N.E. (fit park north of wetland)
July 11 Tuesday	Fit Park Exercises 10:30 a.m. – 12:30 p.m.	TARADALE Taralake Park 652R Taralake Way N.E. (fit park north of wetland)
July 13 Thursday	Fit Park Exercises 4:30 – 6:30 p.m.	TARADALE Taralake Park 652R Taralake Way N.E. (fit park north of wetland)
July 16 Sunday	Fit Park Exercises 11 a.m. – 1 p.m.	TARADALE Taralake Park 652R Taralake Way N.E. (fit park north of wetland)
July 19 Wednesday	Fit Park Exercises 5 – 7 p.m.	TARADALE Taralake Park 652R Taralake Way N.E. (fit park north of wetland)
July 21 Friday	Fit Park Exercises 10 a.m. – 12 p.m.	TARADALE Taralake Park 652R Taralake Way N.E. (fit park north of wetland)
July 26 Wednesday	Fit Park Exercises 4:30 – 6:30 p.m.	TARADALE Taralake Park 652R Taralake Way N.E. (fit park north of wetland)
July 29 Saturday	Fit Park Exercises 10 a.m. – 12 p.m.	TARADALE Taralake Park 652R Taralake Way N.E. (fit park north of wetland)
July 30 Sunday	Fit Park Exercises 5 – 7 p.m.	NORTH GLENMORE PARK North Glenmore Park Community Association 2231 Longridge Dr. S.W. (fit park south of playground)



Date/Days	Activity/Time	Location/Address
August 2 Wednesday	Fit Park Exercises 1 – 3 p.m.	NORTH GLENMORE PARK North Glenmore Park Community Association 2231 Longridge Dr. S.W. (fit park south of playground)
August 4 Friday	Fit Park Exercises 12 – 2 p.m.	NORTH GLENMORE PARK North Glenmore Park Community Association 2231 Longridge Dr. S.W. (fit park south of playground)
August 8 Tuesday	Fit Park Exercises 5 – 7 p.m.	NORTH GLENMORE PARK North Glenmore Park Community Association 2231 Longridge Dr. S.W. (fit park south of playground)
August 10 Thursday	Fit Park Exercises 10 a.m. – 12 p.m.	NORTH GLENMORE PARK North Glenmore Park Community Association 2231 Longridge Dr. S.W. (fit park south of playground)
August 13 Sunday	Fit Park Exercises 10 a.m. – 12 p.m.	NORTH GLENMORE PARK North Glenmore Park Community Association 2231 Longridge Dr. S.W. (fit park south of playground)
August 16 Wednesday	Fit Park Exercises 5 – 7 p.m.	NORTH GLENMORE PARK North Glenmore Park Community Association 2231 Longridge Dr. S.W. (fit park south of playground)
August 19 Saturday	Fit Park Exercises 11 a.m. – 1 p.m.	NORTH GLENMORE PARK North Glenmore Park Community Association 2231 Longridge Dr. S.W. (fit park south of playground)
August 20 Sunday	Fit Park Exercises 11 a.m. – 1 p.m.	HOUNSFIELD HEIGHTS Louise Riley 1928 14 Ave. N.W. (fit park between Library & Fire Hall)



Date/Days	Activity/Time	Location/Address
August 23 Wednesday	Fit Park Exercises 4:30 – 6:30 p.m.	HOUNSFIELD HEIGHTS Louise Riley 1928 14 Ave. N.W. (fit park between Library & Fire Hall)
August 25 Friday	Fit Park Exercises 11 a.m. – 1 p.m.	HOUNSFIELD HEIGHTS Louise Riley 1928 14 Ave. N.W. (fit park between Library & Fire Hall)
August 26 Saturday	Fit Park Exercises 10:30 a.m. – 12:30 p.m.	HOUNSFIELD HEIGHTS Louise Riley 1928 14 Ave. N.W. (fit park between Library & Fire Hall)
August 28 Monday	Fit Park Exercises 5 – 7 p.m.	HOUNSFIELD HEIGHTS Louise Riley 1928 14 Ave. N.W. (fit park between Library & Fire Hall)
August 31 Thursday	Fit Park Exercises 12 – 2 p.m.	HOUNSFIELD HEIGHTS Louise Riley 1928 14 Ave. N.W. (fit park between Library & Fire Hall)
September 5 Tuesday	Fit Park Exercises 4:30 – 6:30 p.m.	HOUNSFIELD HEIGHTS Louise Riley 1928 14 Ave. N.W. (fit park between Library & Fire Hall)
September 10 Sunday	Fit Park Exercises 12 – 2 p.m.	HOUNSFIELD HEIGHTS Louise Riley 1928 14 Ave. N.W. (fit park between Library & Fire Hall)

Calgary



“I want to **work**
and need to
finish school.”

Youth Employment Centre

Second floor, 315 - 10th Ave. S.E.

Find **work** that works for you

We help youth ages 15 – 24

The City of Calgary's **Youth Employment Centre** is providing **free** in-person, drop-in employment services, including resume writing, job skills and career options, interview preparation, industry training and connections to employers who are hiring.

For more information, call **403-268-2490** or visit **youthemploymentcentre.ca**

In partnership with:

Alberta  **Canada** 

Scan this QR code
for more information.

