



COMMUNITY APPRECIATION DAYS

The City and the BSFM project team want to show how much we appreciate **YOU!**

Take a break from construction to enjoy some fun-filled days for families and community members of all ages.

No registration needed.

Kids and family drop-in

When: Mon, Aug 24, 4-6 p.m.

Where: Bowness Scout & Guide Hall, 8551 Bowness Road N.W.

About: A fun family day with a Bouncy House and ice cream.

YogaMcc workshop

When: Wed, Aug 26, 7-8 p.m.

Where: Bowness Community Association, 7904 43 Avenue N.W.

About: Introductory workshop – relax, unwind, and enjoy a moment of calm together. Mats provided.

Guided history walk with lemonade & pie

When: Fri, Aug 28, 10-11:30 a.m.

Where: Bowness Park - meet at picnic site 3

About: Shaking up lemonade Fridays – Strolling through the history of Bowness Park.

Skate party with Rumi and Princess Elsa

When: Fri, Aug 28, 4:30-7:30 p.m.

Where: Bowness Community Association Rink, 7904 43 Avenue N.W.

About: A skate party with a little extra magic.