

Emergency contact sheet

Calgary Emergency Management Agency

Keep this list in a safe place, such as your 72-hour emergency kit. As part of good family emergency preparedness, this list should contain all the resources that can help in the event of an emergency. Your out-of-area contact should be someone everyone in the family can reach to check in with during an emergency. Not knowing where your loved ones are and whether they are safe is the biggest source of stress in an emergency. Know the risks – make a plan!

Fire, Police, Ambulance

9-1-1

Gas Emergency – ATCO Gas

403-245-7222

Electrical Emergency – ENMAX

403-514-6100

All other City services

311

Poison Control Centre

1-800-332-1414

Health Link Alberta

811

Family member #1

Name _____

Work/school name _____

Address _____

Phone number _____ Cell phone _____

Email _____

Family member #2

Name _____

Work/school name _____

Address _____

Phone number _____ Cell phone _____

Email _____

Family member #3

Name _____

Work/school name _____

Address _____

Phone number _____ Cell phone _____

Email _____

Out-of-area contact #1

Name _____

Work/school name _____

Address _____

Phone number _____ Cell phone _____

Email _____

Family member #4

Name _____

Work/school name _____

Address _____

Phone number _____ Cell phone _____

Email _____

Family member #5

Name _____

Work/school name _____

Address _____

Phone number _____ Cell phone _____

Email _____

Family member #6

Name _____

Work/school name _____

Address _____

Phone number _____ Cell phone _____

Email _____

Out-of-area contact #2

Name _____

Work/school name _____

Address _____

Phone number _____ Cell phone _____

Email _____