



# What are my housing options as I age?

Housing Options Navigation Tool

\$ Finances

🏠 Care and Assistance

🍷 Lifestyle

📍 Location



|                     |    |
|---------------------|----|
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**Are you looking for information about housing options as you age?**

**Do you want to talk to someone about your housing options, and don't know who to call?**

**Are you helping an older person age-in-place or find another place to live?**

This tool can be used by people looking for housing options for themselves, professionals who work with older clients and their housing needs, or by family members or friends who are providing care and support to an older person.



This tool was created to help guide you to the housing information that you need, depending on your personal situation. It will ask you questions in four categories:

- **Finances**
- **Care and Assistance**
- **Lifestyle**
- **Location**

Based on your answers to the questions, the tool will suggest places where you can find more information and help. This tool will not make housing decisions for you, or suggest where you should live. Instead, it helps you to learn about your housing choices and shows you where to go for more information. Remember that this tool is focused specifically on housing options. Although some care services are mentioned, this is not a comprehensive list of health and caregiving resources.

### **What if I need help to use this tool?**

If you need help using this tool, or want to talk to someone rather than navigate housing information on your own, please call 403-SENIORS (736-4677) or the Kerby Centre at (403) 705-3246.

You can also search the Internet for private-pay seniors concierge or home care services for support with reading the following pages and/or assistance with contacting other information or service providers.

There is a lot of information provided in the following pages. Take the time that you need to consider all the options available to you.



# Personal Financial Assessment



When looking at housing, it is important to know the costs of each option.

1. Complete the **CURRENT** column to the right to identify your household income and expenses right now. Remember that household expenses may include dependants as well as yourself.
2. After looking at the following sections of this tool, come back to this worksheet and complete the **FUTURE** column with information about one of the housing options you are considering.



| TYPE OF EXPENSE                                                                                         | CURRENT     | FUTURE      |
|---------------------------------------------------------------------------------------------------------|-------------|-------------|
| <b>Monthly income</b>                                                                                   |             |             |
| Salary, wages, self-employment                                                                          |             |             |
| Rental property income                                                                                  |             |             |
| Investment income                                                                                       |             |             |
| Pensions<br>(e.g. Canada Pension Plan, employer)                                                        |             |             |
| Old Age Pension, Guaranteed Income Supplement, Alberta Seniors Benefit                                  |             |             |
| Other<br>(e.g. AISH, financial support from family)                                                     |             |             |
| <b>Total monthly income</b>                                                                             | <b>= \$</b> | <b>= \$</b> |
| <b>Monthly expenses</b>                                                                                 |             |             |
| Mortgage, rent, condo fees                                                                              |             |             |
| Homeowner's/renter's insurance                                                                          |             |             |
| Utilities<br>(e.g. phone, internet, cable TV, electric, gas, water, garbage)                            |             |             |
| Property tax                                                                                            |             |             |
| Income tax payments                                                                                     |             |             |
| Home maintenance<br>(painting, appliance replacement, carpet cleaning, window washing, gutter cleaning) |             |             |
| Lawn and yard care<br>(lawn mowing, snow removal, tree trimming)                                        |             |             |
| Housekeeping                                                                                            |             |             |
| Groceries, meal preparation                                                                             |             |             |
| Entertainment, exercise, recreation                                                                     |             |             |
| Assistance in daily living<br>(e.g. home care, assistance from your community, family and friends)      |             |             |
| Medical<br>(e.g. insurance, prescriptions)                                                              |             |             |
| Transportation<br>(e.g. car, gas, auto maintenance, insurance, driving service, taxi, bus)              |             |             |
| Home security, emergency call system                                                                    |             |             |
| Other<br>(e.g. clothes, hair cuts, gifts, travel, debt repayment)                                       |             |             |
| <b>Total monthly expenses</b>                                                                           | <b>= \$</b> | <b>= \$</b> |
| <b>Surplus/deficit</b><br>(income minus expenses)                                                       | <b>= \$</b> | <b>= \$</b> |

## What can I afford?

What are my housing options: both **private-pay** and **lower-cost**?

| QUESTIONS TO ASK:                                          | RESOURCES:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| What are my lower-cost options to stay in my current home? | <p><b>Seniors Financial Assistance Program</b><br/>alberta.ca<br/>Toll free: 1-877-644-9992<br/>TDD/TTY toll free: 1-800-232-7215</p> <p><b>Seniors Home Adaptation and Repair Program (SHARP)</b><br/>seniors-housing.alberta.ca<br/>Toll free: 1-877-644-9992</p> <p><b>Residential Access Modification Program (RAMP)</b><br/>alberta.ca<br/>Toll free: 1-877-427-5760</p> <p><b>Residential Accessible Design (RAD) Renovations Program</b><br/>accessiblehousing.ca<br/>403-282-1872</p> |
| What are my lower-cost options to move?                    | <p><b>Affordable housing programs</b><br/>seniors-housing.alberta.ca<br/>Toll free: 310-0000</p> <p><b>Kerby Centre - Support Services</b><br/>403-705-3246<br/>kerbycentre.com</p> <p><b>The Way In</b><br/>403-SENIORS (736-4677)</p> <p><b>Alberta Seniors Housing Directory</b><br/>housingdirectory.ascha.com</p>                                                                                                                                                                        |

| QUESTIONS TO ASK:                                           | RESOURCES:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|-------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| What are my private-pay options to stay in my current home? | <p><b>Home modification information</b><br/> <a href="http://accessibleuniversity.com">accessibleuniversity.com</a></p> <p><b>Developing and renovating</b><br/> <a href="http://cmhc-schl.gc.ca">cmhc-schl.gc.ca</a></p> <p><b>Contractor referrals through Kerby Centre</b><br/> 403-705-3246</p>                                                                                                                                                                                                                                     |
| What are my private-pay options to move?                    | <p><b>Find a place to rent:</b><br/> <a href="http://rentfaster.ca/ab/calgary/">rentfaster.ca/ab/calgary/</a></p> <p><b>Find a realtor:</b><br/> <a href="http://realtor.ca/realtorsearch.aspx">realtor.ca/realtorsearch.aspx</a><br/> Click "Meet a Realtor". Search by designations and choose "Senior Real Estate Specialist" for your city.</p> <p><b>Find a retirement residence:</b><br/> <b>Kerby Centre Housing Directory</b><br/> Available in magazine racks at community locations such as grocery stores and libraries.</p> |





# Where can I get the help I need?



| QUESTIONS TO ASK:                                                        | RESOURCES:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|--------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Am I managing fine at home, and plan to stay at home in the near future? | <p><b>Plan now to Age in Place</b></p> <p>- <b>A checklist:</b></p> <p>canada.ca</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Could I stay at home if I had more in-home help?                         | <p><b>Alberta Health Services</b></p> <p>Call 811 about your healthcare needs, home care and dementia advice.</p> <p><b>The Way In</b></p> <p>403-SENIORS (736-4677)</p> <p><b>Kerby Centre- Support Services</b></p> <p>403-705-3246</p> <p>kerbycentre.com</p> <p><b>Seniors Services Home Maintenance</b></p> <p>calgary.ca/fairentry</p> <p>or call 311</p> <p><b>Calgary Aging in Place Co-operative</b></p> <p>calgaryaginginplace.ca</p> <p>403-774-7247</p> <p><b>Better Business Bureau</b></p> <p>bbb.org</p> <p>Search for “Senior Care”, “Senior Home Care”, or “Senior Services” for private-pay care and assistance options.</p> <p><b>In addition to contacting these formal services, talk to your family, friends and neighbours about the support you need, and ways that they could help.</b></p> |

| QUESTIONS TO ASK:                                                           | RESOURCES:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
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| Am I (or the person I am caring for) aging with a developmental disability? | <p><b>Persons with Developmental Disabilities (PDD)</b><br/> <a href="http://humanservices.alberta.ca">humanservices.alberta.ca</a><br/>           403-297-5011</p> <p><b>Alberta Health Accommodation Standards and Licensing</b><br/>           Search for public, non-profit, and private-pay supportive living and long term care options by postal code.<br/> <a href="http://standardsandlicensing.alberta.ca">standardsandlicensing.alberta.ca</a></p>                                                                                            |
| Do I (or the person I am caring for) have memory problems?                  | <p><b>Alberta Health Services</b><br/>           Call 811 for dementia advice, home care or supportive living options</p> <p><b>Alzheimer Society of Calgary</b><br/>           403-290-0110<br/> <a href="http://alzheimercalgary.ca">alzheimercalgary.ca</a></p> <p><b>Dementia Network Calgary</b><br/> <a href="http://dementianetworkcalgary.ca">dementianetworkcalgary.ca</a></p> <p><b>YouQuest</b><br/>           Support for those with young onset dementia.<br/> <a href="http://youquest.ca">youquest.ca</a><br/>           403-255-7018</p> |

| QUESTIONS TO ASK:                                                                                                                          | RESOURCES:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
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| <p>Would I prefer to move to a residence with meals and housekeeping provided?</p>                                                         | <p>These public, non-profit and private-pay residences provide accommodation services, such as meals and housekeeping. Personal care or medical services may not be provided directly by the residence, but can be arranged separately.</p> <p><b>Alberta Health Accommodation Standards and Licensing</b></p> <p>Search for public, non-profit, and private-pay supportive living and long term care options by postal code.<br/>standardsandlicensing.alberta.ca</p> <p><b>Find a retirement residence:</b></p> <p><b>Kerby Centre Housing Directory</b></p> <p>Available in magazine racks at community locations such as grocery stores and libraries.</p> |
| <p>Am I having trouble managing at home (e.g. lonely, unsafe, not eating well) and do I need to move to a more supportive environment?</p> | <p><b>Personal support when feeling lonely or unsafe:</b></p> <p><b>Distress Centre:</b> available 24 hours/day, 7 days/week<br/>403-266-HELP (4357)</p> <p><b>Staying at home with additional supports:</b></p> <p><b>Alberta Health Services</b></p> <p>Call 811 for home care, adult day programs and other community care options.</p> <p><b>Better Business Bureau</b></p> <p>bbb.org</p> <p>Search for “Senior Care”, “Senior Home Care”, or “Senior Services” for private-pay care and assistance options.</p>                                                                                                                                          |

| QUESTIONS TO ASK:                                                                                                                                                                | RESOURCES:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
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| <p>Am I having trouble managing at home (e.g. lonely, unsafe, not eating well) and do I need to move to a more supportive environment? <i>(Continued)</i></p>                    | <p><b>Moving to a more supportive residence:</b></p> <p><b>Alberta Health Accommodation Standards and Licensing</b></p> <p>Search for public, non-profit, and private-pay supportive living and long term care options by postal code.</p> <p><a href="http://standardsandlicensing.alberta.ca">standardsandlicensing.alberta.ca</a></p> <p><b>Find a retirement residence:</b></p> <p><b>Kerby Centre Housing Directory</b></p> <p>Available in magazine racks at community locations such as grocery stores and libraries.</p>                                                                                                                                |
| <p>Do I (or the person I am caring for) have unpredictable or complex health care needs?</p>  | <p><b>Alberta Health Services</b></p> <p>Call 811 about long term care options.</p> <p><b>Alberta Health Accommodation Standards and Licensing</b></p> <p>Search for public, non-profit, and private-pay supportive living and long term care options by postal code.</p> <p><a href="http://standardsandlicensing.alberta.ca">standardsandlicensing.alberta.ca</a></p> <p><b>Kerby Centre Housing Directory</b></p> <p>Available in magazine racks at community locations such as grocery stores and libraries.</p> <p>403-705-3246</p> <p><a href="http://kerbycentre.com">kerbycentre.com</a></p> <p><b>The Way In</b></p> <p>403-SENIORS (403-736-4677)</p> |



# What does my life look like day to day?



| QUESTIONS TO ASK:                                                                                                          | RESOURCES:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|----------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>I live with family or friends and want to remain with them, but the home needs modifications and I need assistance.</p> | <p><b>Home modification information</b><br/> <a href="http://accessibleuniversity.com">accessibleuniversity.com</a></p> <p><b>Residential Access Modification Program (RAMP)</b><br/> <a href="http://alberta.ca">alberta.ca</a><br/> Toll free: 1-877-427-5760</p> <p><b>Residential Accessible Design (RAD) Renovations Program</b><br/> <a href="http://accessiblehousing.ca">accessiblehousing.ca</a><br/> 403-284-0304</p> <p><b>Alberta Health Services</b><br/> Call 811 about your healthcare needs, home care and dementia advice.</p> <p><b>Seniors Home Adaptation and Repair Program (SHARP)</b><br/> <a href="http://seniors-housing.alberta.ca">seniors-housing.alberta.ca</a><br/> Toll free: 1-877-644-9992</p> <p><b>Kerby Centre - Support Services</b><br/> (403) 705-3246<br/> <a href="http://kerbycentre.com">kerbycentre.com</a></p> <p><b>The Way In</b><br/> 403-SENIORS (736-4677)</p> <p><b>Better Business Bureau</b><br/> <a href="http://bbb.org">bbb.org</a><br/> Search for "Senior Care", "Senior Home Care" or "Senior Services".</p> |
| <p>I have frequent visitors.</p>                                                                                           | <p><b>When staying in your current residence or looking for another, consider:</b></p> <ul style="list-style-type: none"> <li>• Public transit and parking availability</li> <li>• The amount of space you need to entertain</li> <li>• Accommodations for overnight visitors</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |

| QUESTIONS TO ASK: | RESOURCES:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|-------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| I travel often.   | <p>Consider how you will ensure the security and maintenance of your home while you are away. Check with your home insurance company to see how often your home should be checked by a trusted person. You may want to consider housing options where outdoor maintenance such as snow removal is taken care of.</p>                                                                                                                                                                                                                                                                                                                                                                                               |
| I have a pet.     | <p><b>Check housing listings to find out which options do and do not allow pets.</b></p> <p><b>Kerby Centre Housing Directory</b><br/>Available in magazine racks at community locations such as grocery stores and libraries.</p> <p><b>Alberta Seniors Housing Directory</b><br/><a href="http://housingdirectory.ascha.com">housingdirectory.ascha.com</a></p> <p><b>Find a place to rent:</b><br/><a href="http://rentfaster.ca/ab/calgary/">rentfaster.ca/ab/calgary/</a></p> <p><b>Find a realtor:</b><br/><a href="http://realtor.ca/realtorsearch.aspx">realtor.ca/realtorsearch.aspx</a><br/>Click "Meet a Realtor". Search by designations and choose "Senior Real Estate Specialist" for your city.</p> |



| QUESTIONS TO ASK:                                                                                       | RESOURCES:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|---------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| I smoke.                                                                                                | <p>Check housing listings to find out which options do and do not allow smoking. For each housing option you are interested in, speak directly with the housing provider or landlord about where smoking is permitted. Note that there may be different stipulations for the smoking of tobacco, medical or recreational cannabis, and e-cigarettes.</p> <p><b>Kerby Centre Housing Directory</b></p> <p>Available in magazine racks at community locations such as grocery stores and libraries.</p> <p><b>Alberta Seniors Housing Directory</b></p> <p><a href="http://housingdirectory.ascha.com">housingdirectory.ascha.com</a></p> <p><b>Find a place to rent:</b></p> <p><a href="http://rentfaster.ca/ab/calgary/">rentfaster.ca/ab/calgary/</a></p> <p><b>Find a realtor:</b></p> <p><a href="http://realtor.ca/realtorsearch.aspx">realtor.ca/realtorsearch.aspx</a></p> <p>Click “Meet a Realtor”. Search by designations and choose “Senior Real Estate Specialist” for your city.</p> |
| I want to live in a residence where my culture, religion, language, gender and sexuality are respected. | <p>For any housing option you are interested in, ask the housing provider about their efforts to create an inclusive, respectful community. Visit the location and talk to current residents about what it is like to live there.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |



| QUESTIONS TO ASK:                            | RESOURCES:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|----------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>I want to remain in my neighbourhood.</p> | <p><b>For support in your home:</b></p> <p><b>Alberta Health Services</b><br/>Call 811</p> <p><b>The Way In</b><br/>403-SENIORS (736-4677)</p> <p><b>Better Business Bureau</b><br/>bbb.org<br/>Search for “Senior Care”, “Senior Home Care” or “Senior Services”.</p> <p><b>Help to find another home in your neighbourhood:</b></p> <p><b>Kerby Centre Housing Directory</b><br/>Available in magazine racks at community locations such as grocery stores and libraries.</p> <p><b>Alberta Health Accommodation Standards and Licensing</b><br/>Search for public, non-profit, and private-pay supportive living and long term care options by postal code.<br/>standardsandlicensing.alberta.ca</p> <p><b>Find a place to rent:</b><br/>rentfaster.ca/ab/calgary/</p> <p><b>Find a realtor:</b><br/>realtor.ca/realtorsearch.aspx<br/>Click “Meet a Realtor”. Search by designations and choose “Senior Real Estate Specialist” for your city.</p> |

| QUESTIONS TO ASK:                       | RESOURCES:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|-----------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>I need access to transportation.</p> | <p><b>Calgary Transit</b><br/> 403-262-1000<br/> calgarytransit.com</p> <p><b>Fair Entry</b><br/> Apply for the Calgary Transit Low-Income Seniors Yearly Pass and other City of Calgary subsidy programs.<br/> 311<br/> calgary.ca/fairentry</p> <p><b>Calgary Transit Access</b><br/> 403-537-7777<br/> calgarytransit.com/calgary-transit-access</p> <p><b>Calgary Seniors Resource Society</b><br/> Escorted Transportation Program<br/> 403-266-6200<br/> calgaryseniors.org/volunteer-programs</p> <p><b>Better Business Bureau</b><br/> bbb.org<br/> Search for "Transportation"</p> <p><b>Taxi</b><br/> Call 411 or search the internet for taxi companies that operate in Calgary. Accessible taxis are available by request. If you take frequent trips by taxi, consider setting up an account with a taxi company to make the booking process quicker.</p> <p><b>Rideshare</b><br/> Ridesharing services allow a person to arrange a ride in a private vehicle driven by its owner for a fee. Search the internet or your mobile phone's app store for ridesharing services.</p> |

# Where do I want to live?



| QUESTIONS TO ASK:                     | RESOURCES:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|---------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Do I plan to stay in my current home? | <p><b>Seniors Financial Assistance Program</b><br/> alberta.ca<br/> Toll free: 1-877-644-9992<br/> TDD/TTY toll free: 1-800-232-7215</p> <p><b>Seniors Home Adaptation and Repair Program (SHARP)</b><br/> seniors-housing.alberta.ca<br/> Toll free: 1-877-644-9992</p> <p><b>Residential Access Modification Program (RAMP)</b><br/> alberta.ca<br/> Toll free: 1-877-427-5760</p> <p><b>Residential Accessible Design (RAD) Renovations Program</b><br/> accessiblehousing.ca<br/> 403-282-1872</p> <p><b>Seniors Services Home Maintenance</b><br/> calgary.ca/fairentry<br/> or call 311</p> <p><b>Calgary Aging in Place Co-operative</b><br/> calgaryaginginplace.ca<br/> 403-774-7247</p> <p><b>Creating a Secondary Suite</b><br/> calgary.ca/secondariesuites</p> <p><b>Home Safety</b><br/> calgary.ca/agingsafely</p> <p><b>Home Modification Information</b><br/> accessibleuniversity.com</p> <p><b>Developing and Renovating</b><br/> cmhc-schl.gc.ca</p> |



For any of the following options, think about whether you want to stay in your current neighbourhood or move to another part of the city.

| QUESTIONS TO ASK:                                                                                           | RESOURCES:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
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| Do I want to move in with my family or friends?                                                             | <p><b>Home Safety</b><br/>calgary.ca/seniors</p> <p><b>Creating a Secondary Suite</b><br/>calgary.ca/secondariesuites</p> <p><b>Search the internet for information about the availability of options using these search words:</b></p> <ul style="list-style-type: none"> <li>• Shared accommodations or “Golden Girls” arrangements</li> <li>• Co-housing</li> <li>• HomeShare</li> <li>• Abbeyfield housing</li> </ul>                                                                                                                                                                                                                                                                           |
| Do I want to move to a different home that is more physically accessible and/or includes help if I need it? | <p><b>To find housing options with accommodation services (meals and housekeeping) included:</b></p> <p><b>Alberta Seniors Housing Directory</b><br/>housingdirectory.ascha.com</p> <p><b>To find housing with care services included:</b></p> <p><b>Alberta Health Services</b><br/>Call 811 and ask about Supportive Living</p> <p><b>Alberta Health Accommodation Standards and Licensing</b><br/>Search for public, non-profit, and private-pay supportive living and long term care options by postal code.<br/>standardsandlicensing.alberta.ca</p> <p><b>Kerby Centre Housing Directory</b><br/>Available in magazine racks at community locations such as grocery stores and libraries.</p> |

| QUESTIONS TO ASK:                                                                                                                     | RESOURCES:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
|---------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>Do I want to move to a different home that is more physically accessible and/or includes help if I need it? <i>(Continued)</i></p> | <p><b>To find and/or modify a private home for accessibility:</b></p> <p><b>Find a place to rent:</b><br/> <a href="http://rentfaster.ca/ab/calgary/">rentfaster.ca/ab/calgary/</a></p> <p><b>Find a realtor:</b><br/> <a href="http://realtor.ca/realtorsearch.aspx">realtor.ca/realtorsearch.aspx</a><br/> Click "Meet a Realtor". Search by designations and choose "Senior Real Estate Specialist" for your city.</p> <p><b>Home Modification Information</b><br/> <a href="http://accessibleuniversity.com">accessibleuniversity.com</a></p> |



## **I'm finished using the tool – now what?**

- **Contact the people and organizations that the tool suggested for you.** If you are planning to move from your current home:
  - Contact housing operators or management directly if you have questions or want more specific information.
  - Book a tour of accommodations you are interested in. Request a copy of the services offered, fees and other information you are interested in.
- **The Government of Alberta provides consumer protection information** at [servicealberta.ca/ConsumerTipsheets.cfm](http://servicealberta.ca/ConsumerTipsheets.cfm) or by calling toll-free 1-877-427-4088.
- **If you need help to follow up with the suggested resources,** please call 403-SENIORS (736-4677) or the Kerby Centre at (403) 705-3246.
- **Talk with your friends and family** about your housing options and preferences.
- **Attend a Calgary Seniors Housing Forum event** or read about seniors housing options in Calgary online or in The Star Calgary newspaper.
- **Housing and living arrangements can have an impact on personal safety.** If you or someone you know is experiencing elder abuse, please contact the Elder Abuse Resource Line at 403-705-3250.
  - To report abuse of someone receiving publicly-funded care in Alberta (e.g. hospitals, seniors' lodges, group homes, nursing homes) call Protection for Persons in Care at 1-888-357-9339.
  - Call 911 in the case of a medical emergency, a fire, or a crime in progress.
- **Plan early.** Learn about your housing choices and plan for your future financial situation, health and lifestyle.

In partnership with



- Cheryl Bryk, CIR Realty
- John Vaillancourt, Kerby Centre
- Kathy Mendham, Proactive Seniors
- Mitzi Murray, Third ACTION Film Festival
- Ralph Hubele, Alberta Seniors and Housing